



G O L D C O A S T D O U L A S

Overnight Newborn Care and Doula Services

Whole care for the entire family - from conception through crawling
goldcoastdoulas.com (616) 294-0207



Doula Support

- **Postpartum doula** and infant care support for day and overnight
- **Birth doula** support throughout pregnancy, labor, and delivery
- **Bed rest doula** support for high-risk pregnancy in home or hospital



Classes

- BECOMING a Mother
- HypnoBirthing
- Preparing for Multiples
- Saturday Series: Comfort Measures for Labor, Breastfeeding, and Newborn Survival
- The Modern Grandparent



Virtual Consultations

- Sleep consultations
- Baby registry consultation
- Multiples support
- Birth coaching



Full-service doula agency supporting families throughout Greater Grand Rapids and West Michigan's Gold Coast including Saugatuck, Holland, Zeeland, Grand Haven, Muskegon, Fremont, and Hastings.

Day and overnight postpartum services supporting families along the Gold Coast from Niles to Bay Harbor including St. Joseph, Manistee, Ludington, and Oceana.